

## For up to date information

[www.travelinesw.com](http://www.travelinesw.com)

Got a smart phone? Then apps are available

### Train travel

[www.nationalrail.co.uk](http://www.nationalrail.co.uk) 08457 48 49 50

[www.gwr.com](http://www.gwr.com)

### Bus Travel

[www.firstgroup.com](http://www.firstgroup.com) 0845 6001420

### Other transport resources

#### TAPs

01872 22 33 88

Co-ordinate volunteer care drivers who provide transport for patients attending doctors or hospital appointments.

Their charge is calculated on the round trip from the drivers home. The driver will wait at the hospital whilst you complete your appointment.

#### Patient Transport:

for appointments with Royal Cornwall Hospitals Trust:

RGHT Patient Transport Office 01872 25 22 11

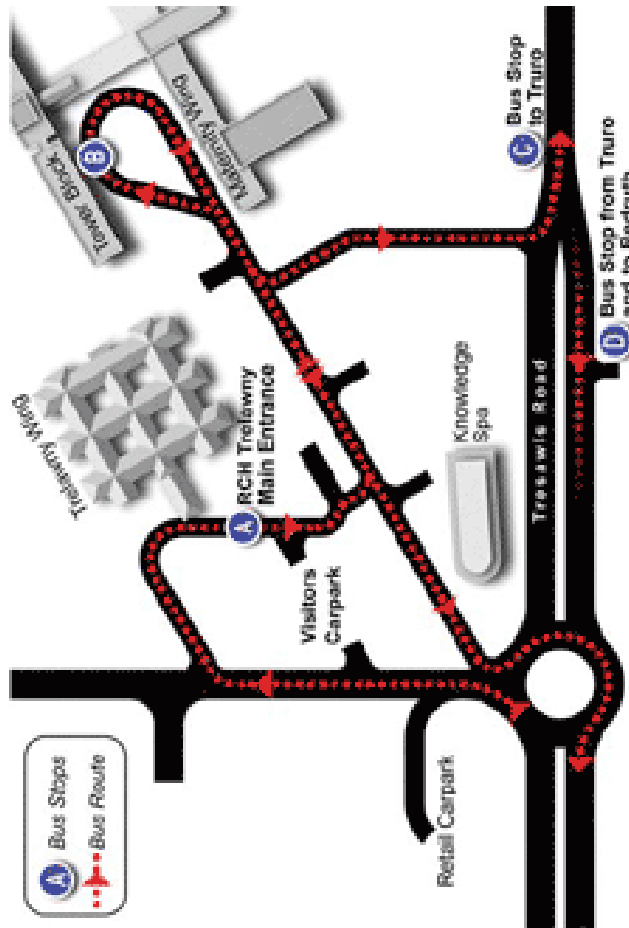
#### See our other useful leaflets:

- Getting to your appointment
- Penzance Hospitals by public transport
- Loads of useful numbers

If you would like to receive this leaflet in a different format please contact us.



Company no. 8321886  
Registered Charity no. 1152039



**healthwatch**  
Isles of Scilly

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# Royal Cornwall Hospital **TRELISKE** by **Public Transport**

**healthwatch**  
Isles of Scilly

Updated March 2018

**Please note that the bus and train time listed below are for guidance only; timetables change and there are other routes and buses available.**

**ROYAL CORNWALL HOSPITAL TRELISKE 01872 250000**

### **Train & Bus**

Monday to Friday

**Train** from Penzance to Truro - takes around 45 mins.

Depart Penzance 09.00 09.35 10.00 10.51 11.41 12.04 12.57 14.00 14.49 16.00

### **Return**

Depart Truro 09.34 10.57 11.55 12.33 14.00 14.27 15.11 16.25 17.23

### **Bus from Truro train station**

Depart opposite train station (on Station Road) - takes approx. 10 mins

Arrive Treliske hospital, Trelawny entrance

47: FIRST - 42 mins past the hour

304: Hopleys coaches - 10 mins past the hour (from 09.00—17.00)

**Return** bus to Truro train station, from Trelawny entrance - takes approx. 10 mins

47: FIRST - 52 mins past the hour

87: FIRST - 42 mins past the hour

304: Hopleys Coaches - 25 mins past the hour

### **BUS**

**From Penzance bus station (stand F)** - FIRST- takes approx. 1hr 34 mins  
arrives Treliske, Trelawny entrance

T1: Just before the hour and 30 mins past the hour

**Return** from Treliske hospital lay by on the tresawls Road - approx. 1hr 40 mins

T1: only 38 mins past the hour go all the way to Penzance bus station

**From Penzance bus station (stand D)** - takes approx. 1hr 37 mins

National Express 504 (stand D) to Truro Bus station 11.30 return: 16.05

### **Other information**

Bus Truro bus station (Stand K) to T Truro train station to Treliske layby Tresawls Road -FIRST -takes approx. 6 mins and return

T1/T2/T3: every 10 mins

### **Skybus Shuttle from train station to Land's End airport**

The shuttle bus now has set times for pick up from Penzance train station

Summer bus transfer schedule to 27th October 2018:

07.00 08.00 08.45 09.45 10.45 11.30 12.30 13.15 14.00 15.00 16.00 17.00

For those who are interested in an alternative to the Shuttle bus from Lands End airport there is another option. West Penwith run a community bus between Lands End and St Just. You are able to use this and bus passes are accepted. This is a minibus and you just wave them to stop. **Note school days only.** For further details visit [www.communitybus.co.uk](http://www.communitybus.co.uk). The website [www.travelinesw.com](http://www.travelinesw.com) has information on connections and also shows routes.

WPCBA 7: 09.51 11.51 13.51 to St. Just bus station then connecting bus A17 to Penzance takes approx 55 mins

WPCBA 7: 11.16 13.16 16.26 to Lands End Car Park then connecting bus A1 to Penzance takes approx 1.5 hours  
Return from Penzance Bus station approx. 1hr 10 mins (stand C for A17 stand B for A1)

A17 08.12 A1 08.45 A17 10.10 A1 12.45 A17 15.10