

For up to date information

www.travelinesw.com

Got a smart phone? Then apps are available

Train travel

www.nationalrail.co.uk 08457 48 49 50

www.gwr.com

Bus Travel

www.firstgroup.com 0845 6001420

Other transport resources

TAPs

01872 22 33 88

Co-ordinate volunteer care drivers who provide transport for patients attending doctors or hospital appointments.

Their charge is calculated on the round trip from the drivers home. The driver will wait at the hospital whilst you complete your appointment.

Patient Transport:

for appointments with Royal Cornwall Hospitals Trust:

RCHT Patient Transport Office 01872 25 22 11

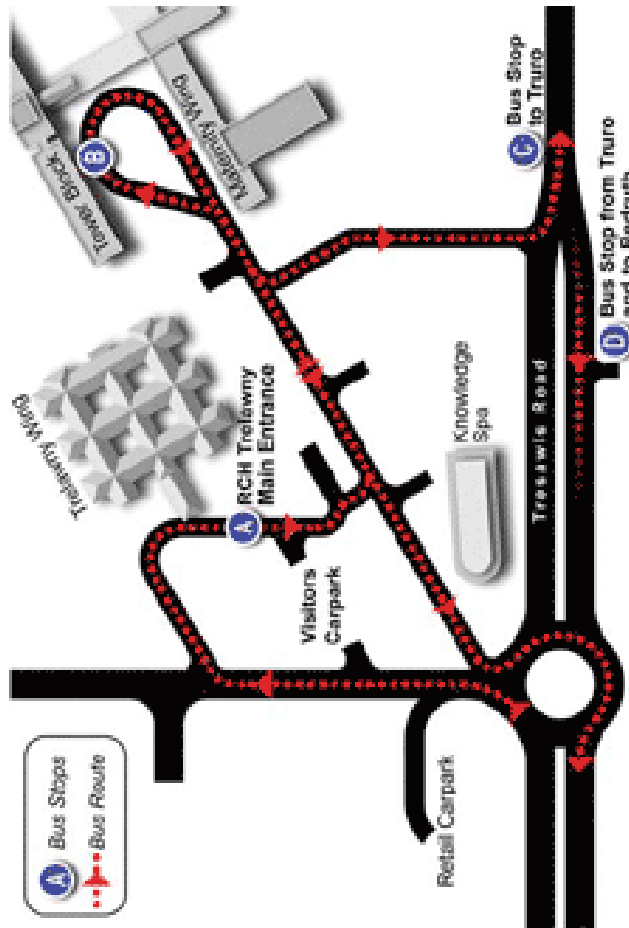
See our other useful leaflets:

- Getting to your appointment
- Penzance Hospitals by public transport
- Loads of useful numbers

If you would like to receive this leaflet in a different format please contact us.



Company no. 8321886
Registered Charity no. 1152039



healthwatch
Isles of Scilly

Unit 1, Gleaner House, Buzza Street
Porthcressa
St Marys
Isles of Scilly
TR21 OHW

Telephone: 01720 423037

Email: contact@healthwatchislesofscilly.co.uk

Royal Cornwall Hospital **TRELISKE** & Truro Health Park by **Public Transport**

healthwatch
Isles of Scilly

Updated February 2019

Please note that the bus and train time listed below are for guidance only; timetables change and there are other routes and buses available.

ROYAL CORNWALL HOSPITAL TRELISKE 01872 250000

Train & Bus

Monday to Friday

Train from Penzance to Truro - takes around 45 mins.

Depart Penzance 09:00 09:35 10:00 10:51 11:41 12:04 12:57 14:00 14:49 16:00

Return

Depart Truro 09:34 10:40 10:56 12:08 12:33 14:00 14:27 15:26 16:26 17:23

Bus from Truro train station

Depart opposite train station (on Station Road) - takes approx. 10 mins

Arrive Treliske hospital, Trelawny entrance

47: FIRST - 42 mins past the hour

304: Hopleys coaches - 10 mins past the hour (from 09:00—17:00)

Return bus to Truro train station, from Trelwany entrance - takes approx. 10 mins

47: FIRST - 52 mins past the hour

87: FIRST - 42 mins past the hour

304: Hopleys Coaches - 25 mins past the hour

Bus From Penzance bus station (stand F) - FIRST- takes approx. 1hr 34 mins arrives Treliske, Trelawny entrance

T1: Just 10 to the hour and 20 mins past the hour

Return - approx. 1hr 40 mins

from Treliske hospital lay by on the tresawls Road - T1: 13:17 13:47 14:17 14:47 15:20 - from Truro college: 241 towards St Buryan -16:17 - go all the way to Penzance bus station

From Penzance bus station (stand D) - takes approx. 1hr 37 mins

National Express 504 (stand D) to Truro Bus station 11.50 return: 16.15

Bus from Truro bus station (Stand K) to Truro train station and then to Treliske layby Tresawls Road -FIRST -takes approx. 6 mins and return

T1/T2/T3: every 15 mins

TRURO HEALTH PARK - 01872 221440

Bus from Truro Strain station: to Infirmary Hill: PR1 -10:30 10:40 11:00 11:10

T1/T2/T3 - 10:33 10:48 11:03 11:13

Skybus Shuttle from train station to Land's End airport

The shuttle bus now has set times for pick up from Penzance train station

Summer bus transfer schedule to 18th March to 26th October 2019:

07:00 08:00 09:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00

For those who are interested in an alternative to the Shuttle bus from Lands End airport there is another option. West Penwith run a community bus between Lands End and St Just. You are able to use this and bus passes are accepted. This is a minibus and you just wave them to stop. **Note school days only.** For further details visit www.communitybus.co.uk. The website www.travelinesw.com has information on connections and also shows routes.

WPCBA 7: 09.51 11.51 13.51 to St. Just bus station then connecting bus A17 to Penzance takes approx 55 mins

WPCBA 7: 11.16 13.16 16.26 to Lands End Car Park then connecting bus A1 to Penzance takes approx 1.5 hours

Return from Penzance Bus station approx. 1hr 10 mins (stand C for A17 stand B for A1)

A17 08.12 A1 08.45 A17 10.10 A1 12.45 A17 15.10