

Service	Contact details
Adult Social Care	☎ 424470 ✉ asc@scilly.gov.uk
Buzza Bus	☎ 07810 747369 – Bookings ☎ 01872 266886 – Registration
Chat Health Parent Line	☎ 07312 263 423 (0–5 yrs) ☎ 07312 263 499 (5–19 yrs)
Children & Family Services	☎ 0300 1234 105 Option 5 ✉ FamilyScilly@scilly.gov.uk
Children's Social Care	☎ 0300 1234 105 Option 5 ✉ childrensocialcare@scilly.gov.uk
Church – Methodist	☎ 422406
Church – Church of England	☎ 423911
Church – Roman Catholic	☎ 422035
Community Nursing	☎ 422392
Council IOS	☎ 0300 1234 105
Dentist (Smile Together)	☎ 0333 405 0291 – Weekdays (Option 5) ☎ 0333 405 0290 – Weekend Emergency
Foot Health Practitioner (Private)	☎ 422524 ☎ 07788582289
Health Centre	☎ 422628
Healthwatch IOS	☎ 423037 ✉ contact@healthwatchislesofscilly.co.uk
Hospital (St Mary's)	☎ 422392
Library	☎ 424499
Learn Scilly	☎ 424444
Memory Cafe	☎ 422663 ☎ 422002
Mental health support line	☎ 0800 038 5300 (Available 24 hours)
Midwife (on call)	☎ 01872 258000
Optician	☎ 422628
Park House	☎ 422699
Pharmacy	☎ 422021 ✉ scilly.prescriptions@nhs.net
Physiotherapy (Private)	☎ 07928 403625
Police Station	☎ 422444

Service	Contact details
Age UK – Cornwall and IOS	 01872 266 383  www.ageukcornwall.org.uk
Alheimers Society	 0333 150 3456
Care Quality Commission	 03000 61 61 61  www.cqc.org.uk
Childline	 0800 1111  www.childline.org.uk
Citizens Advice Cornwall	 03444 111 444  www.citizensadvicecornwall.org.uk
Community Energy Plus	 0800 954 1956  www.cep.org.uk  advice@cep.org.uk
Cornwall Mobility	 01872 672 318  www.cornwallmobility.co.uk
Cornwall Rural Community Charity	 01872 273 952  www.cornwallrcc.org.uk
Dementia UK	 0800 888 6678  www.dementiauk.org
Department of Work and Pensions	 0800 731 0469
DisAbility Cornwall	 01736759500
First Light (Domestic abuse)	 0300 777 4777  www.firstlight.org.uk
Healthwatch Isles of Scilly	 01720 423037  www.healthwatchislesofscilly.co.uk
Inclusion Cornwall	 01872 326 440  www.inclusioncornwall.co.uk
Independent Age	 0800 319 67 89  www.independentage.org
Jobcentre Plus (Penzance)	 0800 169 0190
Macmillan Cancer Support	 0808 808 0000  www.macmillan.org.uk
NHS England National Call Centre	 0300 311 22 33  www.england.nhs.uk
NHS Talking Therapies (IAPT)	 01208 871905
Outlook South West	 01208 871 905  www.cornwallft.nhs.uk

Service	Contact details
Patient Advice and Liason Service (CFT) – Community hospitals	 01208 834 620  www.cornwallft.nhs.uk
RCHT Patient and Family Experience Team	 01872 252 793  rcht.patientexperience@nhs.net
RCHT Patients Association helpline	 0800 345 7115  www.patients-association.org.uk
RCHT Patient Transport Booking Office	 01872 252 211  rch-tr.patienttransport@nhs.net
Royal Cornwall Hospital Treliske	 01872 250 000  www.royalcornwall.nhs.uk
Samaritans helpline	 116 123  www.samaritans.org
Silver Line	 0800 470 8090  www.thesilverline.org.uk
Skybus/Scillonian	 01736 334 220  www.islesofscilly-travel.co.uk
St Michael's Hospital	 01736 758 854
Stroke Association	 303 3033 100  www.stroke.org.uk
TAP (volunteer car service)	 01872 223 388  www.ageuk.org.uk/cornwall
Tax Credit helpline	 0345 300 3900
The Advocacy People	 0300 440 9000  www.theadvocacypeople.org.uk
Truro Health Park	 01872 243 700
Victim Support helpline	 0808 168 9111  0300 30 30 554  www.victimsupport.org.uk
Volunteer Cornwall	 01872 265300  www.volunteercornwall.org.uk
With You (Drugs & Alcohol)	 0333 2000 325 (Available 24 hours)  www.wearewithyou.org.uk
West Cornwall Hospital	 01736 874 000
YZUP	 01872 300 816  www.wearewithyou.org.uk